

# The Houstonian Club

## Junior Tennis Program Pathway

Mondays, Tuesdays, & Thursdays



### RED BALL

#### (BEGINNER LEVEL)

4:30 to 5:30 p.m.

\$160 per month (includes 4 classes, 1 per week)

Drop-in rate: \$60 (per day)

- Age Group: 4–6 years of age
- Played on a smaller 36 ft. court with a mini tennis net.
- Players use a 19–21 in racquet and a red felt low-compression ball.
- The focus at the Red Ball level is on building basic tennis skills in a fun, engaging environment, with a strong emphasis on hand-eye coordination drills, grips, preparation, and swing-path for all strokes.



### ORANGE BALL

#### (BEG/INTER/ADV LEVEL)

Competitive Pathway | 4:30 to 6 p.m.

\$220 per month (includes 4 classes, 1 per week)

Drop-in rate: \$75 (per day)

- Age Group: 7–10 years of age.
- Played on a 60ft. court with a standard tennis net.
- Players use 23–25 in. racquets and use orange low-compression balls.
- The focus of orange ball is to develop stroke technique, ball recognition skills, court awareness and introduce players to topspin and basic footwork patterns.
- Advanced players can also begin rallying and matchplay.



### GREEN BALL

#### (INTER/ADV LEVEL)

Competitive Pathway | 4:30 to 6 p.m.

\$220 per month (includes 4 classes, 1 per week)

Drop-in rate: \$75 (per day)

- Age Group: 9–12 years of age.
- Played on a 78 ft standard tennis court.
- Players use 26–27 in. racquets and use green low-compression balls.
- While refining strokes, the focus shifts to consistency, improving movement, and understanding how to play points with more tactical intent.

#### STROKE PRODUCTION (BEGINNER LEVEL)

4:30 to 6 p.m.

\$220 per month (includes 4 classes, 1 per week)

Drop-in rate: \$75 (per day)

- Age Group: 11+ years of age.
- Played on a 78 ft standard tennis court.
- Players use 27 in. racquets and use green low-compression transition balls.
- The focus of this Stroke Production class is to develop stroke technique, ball recognition skills, court awareness and introduce players to topspin and basic footwork patterns.



### YELLOW BALL

#### CHALLENGER PROGRAM (INTER/ADV LEVEL) UTR 0-2

Competitive Pathway | 4:30 to 6 p.m.

\$220 per month (includes 4 classes, 1 per week)

Drop-in rate: \$75 (per day)

- Age Group: 11+ years of age, or younger with USTA pathway completion.
- Played on a 78 ft standard tennis court.
- Players use 27 in. racquets and use a yellow standard ball.
- The Yellow Ball level focuses on refining technical skills, increasing consistency, and mastering more advanced tactics. Players are introduced to more complex strategies and match play, while focusing on physical conditioning and mental toughness.

#### SCAN HERE TO SIGN UP



Parents and caregivers must stay off the courts and behind the curtains.