

HOUSTONIAN AQUATICS

JR. BLUEFINS

SWIM TEAM PREP

2025 SESSIONS



Ready to make a splash? Our Jr. BlueFins Prep Program is the perfect next step for young swimmers ready to build skills and explore competitive swimming!

What We Focus On: 75% Technique: Fun drills and games to master Freestyle and Backstroke, plus a peek at Breaststroke and Butterfly! 25% Endurance: Playful challenges to build stamina and confidence in the water.

Your child will also learn essential “swim team style” practices like warm-ups, cool-downs, and lane etiquette in a super supportive environment.

Swim Test: Swimmers must comfortably swim 12 yards Freestyle and 12 yards Backstroke without stopping.

Monthly Sessions

Session 1: Jan. 6–29

Session 2: Feb. 3–26

Session 3: Mar. 3–26 (3 weeks, \$120)

Session 4: Aug. 11–27 (3 weeks, \$120)

Session 5: Sept. 8–Oct. 1

Session 6: Oct. 6–29

Session 7: Nov. 3–19 (3 weeks, \$120)

Session 8: Dec. 1–10 (2 weeks, \$80)

Ages 4.5 to 8

\$160 per session

The Resort Pool

Child must turn 5 years old before June.

Class Schedule

	Ages	Times	Days
Blue I	4.5 to 6 years old	4:15 to 5 p.m.	Monday and Wednesday
Blue II	7 to 8 years old	5:15 to 6 p.m.	Monday and Wednesday

Register through CampMinder on the Aquatics page at www.myhoustonian.com.

For more information, please contact Aquatics Program Coordinator Lauren Gill at lgill@houstonian.com.

