

APRIL AQUATICS CLASS SCHEDULE

Our classes are open to all levels of experience and are subject to change during special events and holidays.

Monday

6 to 6:55 a.m.	SwimFit Endurance	Charlie Fry	Sports Pool	Lanes 1-6
9 to 9:55 a.m.	SwimFit Endurance	Charlie Fry	Sports Pool	Lanes 1-6
10:15 to 11:10 a.m.	WaterFitness Deep Water	Mary Hodge	Sports Pool	Lanes 7-10
Noon to 12:55 p.m.	SwimFit Endurance	Charlie Fry	Sports Pool	Lanes 1-6
4:30 to 6:45 p.m.	BlueFins	Jorge Mijares	Sports Pool	Lanes 5-10

Tuesday

6 to 6:55 a.m.	SwimFit Swimtensity	Charlie Fry	Sports Pool	Lanes 1-6
9 to 9:55 a.m.	SwimFit Swimtensity	Charlie Fry	Sports Pool	Lanes 1-6
4:30 to 6:45 p.m.	BlueFins	Jorge Mijares	Sports Pool	Lanes 5-10
6:45 to 7:45 p.m.	WaterFitness HIIT It	Charlotte Strom	Sports Pool	Lanes 7-10

Wednesday

6 to 6:55 a.m.	SwimFit Strong	Charlie Fry	Sports Pool	Lanes 1-6
9 to 9:55 a.m.	SwimFit Strong	Charlie Fry	Sports Pool	Lanes 1-6
10:15 to 11:10 a.m.	WaterFitness Deep Water	Charlotte Strom	Sports Pool	Lanes 7-10
Noon to 12:55 p.m.	SwimFit Strong	Charlie Fry	Sports Pool	Lanes 1-6
4:30 to 6:45 p.m.	BlueFins	Jorge Mijares	Sports Pool	Lanes 5-10

Thursday

6 to 6:55 a.m.	SwimFit H.I.T.S.	Charlie Fry	Sports Pool	Lanes 1-6
9 to 9:55 a.m.	SwimFit H.I.T.S.	Charlie Fry	Sports Pool	Lanes 1-6
4:30 to 6:45 p.m.	BlueFins	Jorge Mijares	Sports Pool	Lanes 5-10

Friday

9 to 9:55 a.m.	SwimFit Mighty Mile	Jarrold Marrs	Sports Pool	Lanes 1-6
10:15 to 11:10 a.m.	WaterFitness Deep Water	Charlotte Strom	Sports Pool	Lanes 7-10
Noon to 1 p.m.	SwimFit Mighty Mile	Jarrold Marrs	Sports Pool	Lanes 1-6
4:30 to 6:45 p.m.	BlueFins	Jorge Mijares	Sports Pool	Lanes 5-10

Saturday

8 to 8:55 a.m.	WaterFitness Aqua Fit	Charlotte Strom	Sports Pool	Lanes 7-10
9 to 10:15 a.m.	SwimFit Strong	Jorge Mijares	Sports Pool	Lanes 1-6

Sunday

9 to 9:55 a.m.	SwimFit Go The Distance	Mark Hahn	Sports Pool	Lanes 1-6
----------------	-------------------------	-----------	-------------	-----------

