



# GROUP SWIMMING LESSONS 2026

## Levels and Skills

### Water Acclimation

Ages 1 to 2.5 years old

#### PARENT-CHILD

Build water confidence and bond with your child through fun songs and games. Parents work with instructors to practice floating, gentle submersion, and achieving overall water comfort.

### Beginner Intro to Swim

Ages 2.5 to 4 years old

#### PRESCHOOL AQUATICS

Perfect for first-time swimmers looking to build independence. This level introduces fundamental safety skills including kicking, floating, and comfortable face submersion.

### Learn to Swim

Ages 3 to 8 years old

#### LEVEL 1: INTRO TO WATER SKILLS

Focuses on increasing a student's confidence and self-reliance in the water. Key skills include independent head submersion, supported floating, and learning to retrieve submerged objects.

#### LEVEL 2: FUNDAMENTAL AQUATIC SKILLS

This level teaches the fundamentals of independent swimming and aquatic survival. Students will master front and back glides while coordinating arm and leg movements to swim short distances.

#### LEVEL 3: STROKE DEVELOPMENT

The transition to full stroke proficiency. Students develop Freestyle with side breathing and Backstroke, while being introduced to Breaststroke and safe deep-water entry.

## Sessions and Classes

### Spring & Fall Sessions

#### 3 WEEKS SESSIONS

**Spring 1:** March 31 – April 16

**Spring 2:** May 5 – May 21

**Fall 1:** September 1 – 17

**Fall 2:** October 6 – 22

**Fall 3:** November 3 – 19

#### \$210 | TUESDAYS & THURSDAY

##### Levels

##### Times

Parent-child .....	10 to 10:30 a.m.
Preschool Aquatics .....	10:45 to 11:15 a.m.
Level 1 .....	3:45 to 4:15 p.m.
Level 2 .....	3:45 to 4:15 p.m.
Level 3 .....	3:45 to 4:15 p.m.



### Summer Sessions

#### 2 WEEKS SESSIONS

**Summer 1:** June 1 - 12

**Summer 2:** June 15 - 26

**Summer 3:** July 6 - 17

**Summer 4:** July 20 - 31

#### PRICES AND DAYS VARY

##### Levels

##### Price

##### Days

##### AM Times

Parent-child ..... \$100 ..... TU/TH ..... 10 to 10:30 a.m.

Preschool Aquatics ..... \$280 ..... M-TH ..... 10 to 10:30 a.m. PM Times

Level 1 ..... \$280 ..... M-TH ..... 10:45 to 11:15 a.m. ..... 3:45 to 4:15 p.m.

Level 2 ..... \$240 ..... M-TH ..... 10:45 to 11:15 a.m. ..... 3:45 to 4:15 p.m.

Level 3 ..... \$240 ..... M-TH ..... 10:45 to 11:15 a.m. ..... 3:45 to 4:15 p.m.

### Mini-Sessions

#### 3 CONSECUTIVE DAYS

\$140, \$65 daily | 1:00 to 1:45 p.m.

Ages 3 to 12 | Levels 1-3 only

**Spring Break:** March 10 - 12

**Thanksgiving:** November 23 - 25

**Winter Break:** December 21 - 23





## GROUP SWIMMING LESSONS 2026

### How to Register

- Register online using **CampMinder**: Visit our website: [www.myhoustonian.com](http://www.myhoustonian.com). Hover over the "Aquatics" tab located near the top right and from the drop down options click "Youth Swim". Under "Youth Swim Programs" click the "CampMinder" hyperlink.
- Registration Process: Create an account by filling out your and your child's information. You can add additional children later if needed. Choose the desired aquatics programs for your child(ren). Provide your contact information and add two emergency contacts. Upload a picture of your child. Review and sign the Houstonian Club Activities and Photo waivers.
- Immunization records or exemptions for reasons of conscience are **not required** for aquatics programs.
- For more registration information, please contact our Aquatics Program Coordinator, Lauren Gill, at [lgill@houstonian.com](mailto:lgill@houstonian.com) or 713.685.6750.

### Group Swim Lesson Policies

- **Cancellation Policy:** A \$60 non-refundable fee applies if you cancel less than **seven** days before a session begins. Full fees will apply after the first class of a session.
- **No prorating** for partial attendance except in cases of documented illness; a doctor's note must be provided by Friday of the affected week.
- Fridays are reserved for **make-up** classes in the event of instructor cancellations (e.g., due to inclement weather).
- Please select the level you believe is best for your child. All children will be assessed on the first day and may be moved to a different level if needed. If the correct level is full, we will offer private swim lessons.
- You will receive a reminder email approximately one week before a session begins. In the event of insufficient enrollment prior to the start of a session, you will be contacted with alternative options.
- Waitlisted participants will be notified as soon as a space becomes available.
- All toddlers must wear **swim diapers**. No disposable diapers are permitted.

### Our times don't work?

We offer flexible **Private Swim Lessons** to fit your schedule! Private, duet, trio, and quad lessons are available year-round for ages six months and up. Our instructors will work one-on-one with you or your child to improve swimming abilities. If interested, please contact our Aquatics Program Coordinator, Lauren Gill, at [lgill@houstonian.com](mailto:lgill@houstonian.com) or 713.685.6750.

### Other Aquatics Programs

#### Splash Camp

May - July | Ages 3 - 12

Splash Camp is our annual Aquatics camp, part of the Houstonian Summer Camps. In this program, we teach your children water safety and refine their swimming abilities in a fun group setting.

#### Jr. BlueFins Swim Team Prep

January - March / August - December | Ages 4.5 - 8

This program helps build strong technique and endurance and introduces how swim team practice will be run.

For more information about Splash Camp or Jr. BlueFins, please contact our Aquatics Program Coordinator, Lauren Gill, at [lgill@houstonian.com](mailto:lgill@houstonian.com).

#### BlueFins Year-Round After School Swim

January - March / August - December | Ages 7 - 14

This program focuses on the development of all four competitive strokes, starts, and turns, and helps prepare swimmers for competitions in the post-summer Houston Country Club League (HCCL).

#### BlueFins Preseason

April | Ages 5 - 14

This program gives your swimmer a jump start into the BlueFins summer season with skills and endurance work.

#### BlueFins Summer League Swim Team

May - June | Ages 5 - 14

The BlueFins summer swim team is part of the Houston Country Club League (HCCL). The team holds daily practices and competes against other clubs in the league.

For more information about BlueFins Year-Round/Preseason/Summer Swim Team, please contact Head Coach, Jorge Mijares, at [jmijares@houstonian.com](mailto:jmijares@houstonian.com).