

Membership

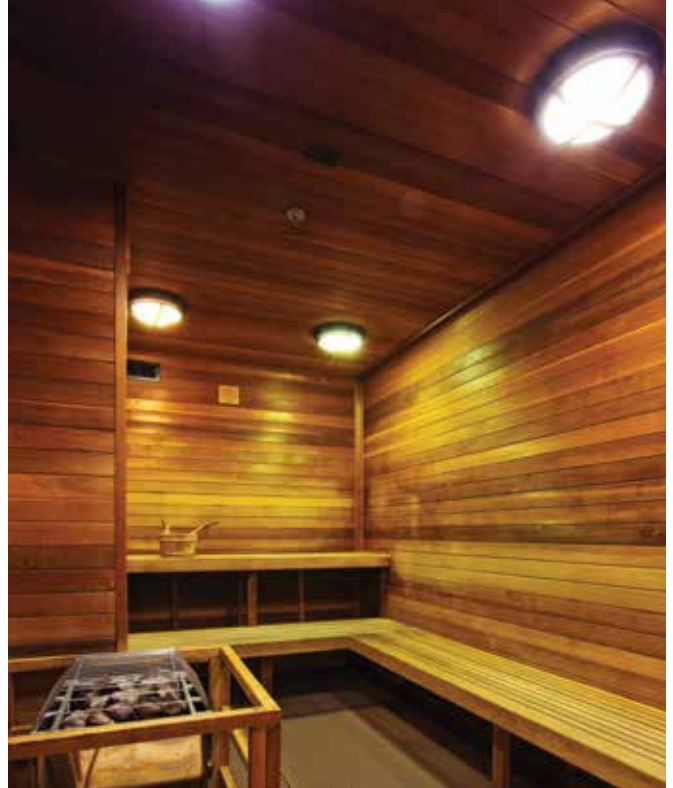


Resident Membership

Provides complete dining, social, and athletic use of The Houstonian Club. Resident Members enjoy exclusive use of private Resident Member locker rooms, Resident Member fitness center, and gated Resident parking areas.

THE PRIVILEGES OF RESIDENT MEMBERSHIP

- Oak lockers with greater storage capacity and private lockboxes
- Whirlpools in addition to dry saunas and steam rooms
- Inviting and comfortable lounges
- Hydromassage relaxation rooms
- Complimentary fruit and snacks
- Plush robes to wear in the locker rooms
- Private fitness center for individuals age 21 and older
- Complimentary guest privileges
- Complimentary child care
- Gate-accessed parking
- Priority reservations for all racquet sports
- Complimentary use of the club meeting rooms
- 10% discount at The Shop at The Houstonian ****
- 15% discount on food ordered for personal celebrations at the hotel **
- 20% discount on services at Trellis Spa
- 20% discount on food purchases at TRIBUTE and The Bar & Patio at The Houstonian Hotel *





RESIDENT MEMBERSHIP

INITIATION FEE

\$25,000
\$30,000
\$33,000

MONTHLY DUES

Individual	\$443
Couple	\$534
Family	\$646
Single parent with one dependent (under age 25)	\$534

Capstone Corporate Membership CORPORATE MEMBERSHIP FOR PEAK PERFORMANCE

The Houstonian Club Capstone Membership is designed to set high expectations and be your pathway to excellence both professionally and personally. Dedication to your company is there. Commitment to high performance is there. Now maximize your company's potential with Capstone.

- Four transferable Resident memberships with complete access to dining, social, and athletic amenities, including exclusive use of the private Resident Member locker rooms with whirlpools, dry saunas and steam rooms, Resident fitness center, gated Resident parking areas, complimentary guest privileges, and child care
- Complimentary use of the club meeting rooms
- 15% discount on catered hotel meetings and functions, and 20% discount on Trellis spa services billed to the corporate account
- 20% off food purchases at TRIBUTE and The Bar & Patio at The Houstonian Hotel *
- Priority racquet sports reservations
- Complimentary premium listing in the Houstonian Club Business Directory
- 10% discount on corporate transfer fees
- Complimentary annual "Achieving Peak Performance" Library Lunch & Learn by the club's registered dietitian, for up to 20 employees and/or designated family members
- Complimentary annual executive fitness assessment
- 20% discount at The Shop at The Houstonian offering customized products and ideas to deliver your vision and take branding to the next level, whether it is employee uniforms or celebration gifts for clients *

**Minimums apply.*

INITIATION FEE \$100,000 (must purchase four Resident memberships)

For each of the four memberships, the applicable monthly dues will apply:

Individual	\$443	Couple	\$534	Family	\$646
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Associate Membership

Provides complete dining, social, and athletic use of The Houstonian Club, excluding designated Resident Member areas. Also, provides 10% discount on services at Trellis Spa and a 10% discount on food purchases at TRIBUTE, the Manor House and The Bar & Patio at The Houstonian Hotel.

INITIATION FEE

\$15,000

Individual

\$20,000

Couple

\$23,000

Family

Single parent with
one dependent (under age 25)

MONTHLY DUES

\$340

\$463

\$582

\$463

YOUNG ADULT ASSOCIATE MEMBERSHIP

A Young Adult membership provides all the benefits of an Associate membership for applicants ages 21 to 34.

INITIATION FEE

\$7,500

Individual

\$10,000

Couple

\$11,500

Family

MONTHLY DUES

\$200

\$463

\$582

Young Adult memberships have a deferment that is due on or before the elder Member's 35th birthday. The deferment is calculated as the difference between the original amount paid and the price for the membership at the time the deferment is paid.





Corporate Membership

ADD \$3,000 TO THE INITIATION FEE OF ANY MEMBERSHIP

A Corporate membership must be held by a legally formed business entity engaged in ongoing, bona fide business activities and must also be designated as individual, couple, or family. A business entity that is formed for the purpose of purchasing a Corporate membership shall not qualify as engaged in ongoing, bona fide business activities. A Corporate membership shall be maintained in the name of a corporation or other business entity, and the rights and privileges thereunder shall be assigned only to a particular designated bona fide owner, employee or officer of the firm, subject to the approval of the owner. The designees may be changed from time to time, subject to a transfer fee of \$5,000.

One of the unique offerings of The Houstonian Club is its 27-acre wooded campus. Members enjoy peaceful jogging trails, outdoor exercise areas, and proximity to Memorial Park and the Houston Arboretum and Nature Center.

Monthly dues and initiation fees are effective January 1, 2024, and are subject to change. Some memberships may be limited or available only on a waiting list basis.

All initiation fees and dues are subject to applicable taxes, which are in addition to said initiation fees and dues.





Members First!

- Resident Members receive 20% off and Associate Members receive 10% off of food ordered at TRIBUTE restaurant (dine-in or to-go orders), TRIBUTE Wine Room, and The Bar & Patio at The Houstonian Hotel.* *Alcohol is not included.*
- Resident Members receive 20% off and Associate Members receive 10% off Trellis Spa services.
- Resident Members receive a 10% discount on all in-store merchandise at The Shop at The Houstonian. ****
- All Members receive 25% off The Houstonian Hotel's best available rate. Members may use the booking code MEM when making reservations online. Member number must be presented upon reservation. The offer may be extended to family and friends of the Member. The hotel also provides special pricing for long stay contracts.***
- All Members and their guests with a hotel reservation with the MEM booking code will receive a "thank you" gift at check-in.
- All Members will be given special pricing for most public events, such as wine dinners and holiday happenings.
- Resident Members receive 15% off and Associate Members receive 10% off of food ordered for personal celebrations such as weddings, parties, and business meetings and events at the hotel. Event contracts must include Member number and Member's signature, and must be paid for personally by the Member (not by a company or corporation).** *Does not include alcohol.*
- All Members have exclusive access to Houstonian On-Demand, a virtual fitness platform, designed to provide classes and fitness content for busy schedules.
- Resident Members receive 10% off Sage 'n' Bloom Floral Studio arrangements.*****

* Kindly provide gratuity on the total amount before discount is applied.

** Discounts apply to full-priced products and do not apply to meeting packages. Discounts are available for events with 20 guests or more and are subject to availability, restrictions, and change.

*** Hotel rooms available for the discount are based upon availability, may not be combined or used with any other hotel room offers or packages, and are not available for groups.

**** Excludes Lululemon, Theragun, and TRX products. Discount does not apply to sale merchandise.

***** Discount does not apply to workshops or special events.

For general information about Members First, please call the Houstonian Club Membership Office at 713.316.2729.



Get to a Healthier Place

Monthly dues and initiation fees are subject to change.

Some memberships may be limited or available only on a waiting list basis.

All initiation fees and monthly dues are subject to applicable taxes,
which are in addition to said initiation fees and dues.

www.houstonian.com/the-club

Services



The Houstonian Club

The Houstonian Club offers a vast array of services for the convenience and benefit of its Club Members. This directory is designed to provide an overview of the services currently available.

Facilities

PARKING

Convenient, covered parking is available for Members.

FITNESS CENTER

The Houstonian Club fitness center is about 20,000 square feet and has more than 300 pieces of equipment, including elliptical machines, exercise bikes, step climbers, treadmills, rowers, variable resistance equipment, and free weights.

INDOOR TRACK

A multipurpose track for walking and jogging. The indoor track is 1/9 of a mile.

OUTDOOR TRACK

An 8/10-mile walking and running path surrounding The Houstonian campus.

OUTDOOR PERFORMANCE ZONE

The Houstonian Club Performance Zone is a 40-yard-long turfed training area utilized by trainers and Members as an outdoor fitness option.

RESORT POOL/SPORTS POOL/GARDEN POOL

The Resort Pool has areas for every age group, and the 25-yard x 25-meter Sports Pool features advanced technology for lap swimming. In addition, the secluded Garden Pool is located next to The Houstonian Hotel.

NEXT LEVEL INDOOR TURF

Unleash your inner athlete in The Houstonian's exclusive 4,000-square-foot performance training area with a wide array of equipment, including a glute drive machine, slam wall, boxing bags, sled push, tires, and more!

LOCKER ROOMS

Separate locker rooms are provided for Resident and Associate Members and their guests. Day lockers and personal half-sized and full-sized lockers are available to rent. The club is not responsible for lost or stolen articles. Valuables should be stored in the convenient personal lockboxes provided in each locker room.

RESIDENT MEMBER FITNESS CENTER

Located on the upper level of the club, this room provides equipment for the exclusive use of Resident Members and their children ages 21 and over.

BOULDERING WALL

Our Bouldering Wall is located off of the outdoor track in a covered area. We use fall-height-rated turf, which means you will leave the ropes behind. This gives you the freedom to concentrate on the climbing, not the equipment.

CHILDREN'S PLAYGROUND

The children's outdoor playground has a rich assortment of equipment and play options to encourage and support a lifetime of physical fitness.

MEETING ROOMS AND CARD ROOM

Quiet rooms for Members to conduct business, read, connect, relax and play cards. Catering is also available for your scheduled meeting.

HOURS OF OPERATION

The Houstonian Club is open
Monday–Friday from 5 a.m. to 10 p.m. and
Saturday–Sunday from 6 a.m. to 9 p.m.
Special hours of operation are posted for holidays.

Programs

SWIM PROGRAMS

A variety of special swim programs are offered for swimmers of all levels. These range from beginner swim lessons to a nationally recognized adult lap swim program. A monthly schedule of aquatics classes are available.

YOUTH ACTIVITIES

Various youth programs, which are scheduled throughout the year, include summer camps, after-school activities, basketball, and more.

YOUTH CERTIFICATION PROGRAM

To encourage a lifelong love of sports and fitness, we allow children ages 12–15 more independence when they visit the club if they have completed our youth certification program.

JUNIOR YOUTH CERTIFICATION PROGRAM

The program is required for children ages 9–11 to visit the club (except the fitness center or pools). Parents must be on property the entire time their children are in this program.

PERSONAL TRAINING

Personal trainers are available for every age and fitness level. All personal trainers have a four-year degree and certifications from the top organizations in the country.

RACQUET SPORTS

The Houstonian Club has four indoor tennis courts with a classic turf surface—a softer surface that reduces the impact on the body while playing—five additional outdoor tennis courts, ten courts lined for pickleball, and two outdoor padel courts. *The Houstonian Club Pickleball Complex will open in spring 2024.*

BASKETBALL

Our indoor basketball court is available for lessons, free play, and group exercise classes. A schedule of daily events is posted outside the basketball court.

RACQUET LEAGUES & TOURNAMENTS

A variety of leagues, tournaments, and special events for tennis, padel, and pickleball are conducted throughout the year.

GROUP EXERCISE

Our classes are led by highly trained and certified instructors, many of whom have traveled nationwide to bring back the most innovative and exciting class formats available in the industry. The Houstonian Club group exercise schedule contains more than 180 classes per week and encompasses a broad range of formats, including traditional group exercise as well as kickboxing, strength training, yoga, Pilates, barre, rebounding, and a variety of energizing dance formats.

PILATES/GYROTONIC®

Our spacious and inviting Pilates/Gyrotonic® Studio looks out onto a beautifully landscaped green area, providing a warm, welcoming atmosphere for our Members and guests.

YOGA

Our yoga program combines the essence of Hatha yoga with the realities of modern living. Working in the constraints of a fitness environment, our seasoned instructors are dedicated to making the practice of yoga accessible for newcomers and rewarding for those who have established practices.

CYCLE

The Surge Cycle Studio is equipped with the latest state-of-the-art equipment, including Technogym Group Cycle bikes, flat-screen televisions, and hi-tech lighting and sound capabilities.

SYNERGY

The Synergy Studio offers a variety of innovative and energetic small group classes utilizing the Pilates Reformer and Versa Climber. The studio is dedicated to Kim Kilway, a longtime Houstonian instructor who brought the definition of synergy to life. The classes offered in this studio will honor her legacy of musicality and class presentation skills that create the optimal workout experience.

VIRTUAL TRAINING

Available through various platforms for personal training, yoga and Pilates.

IN-HOME TRAINING

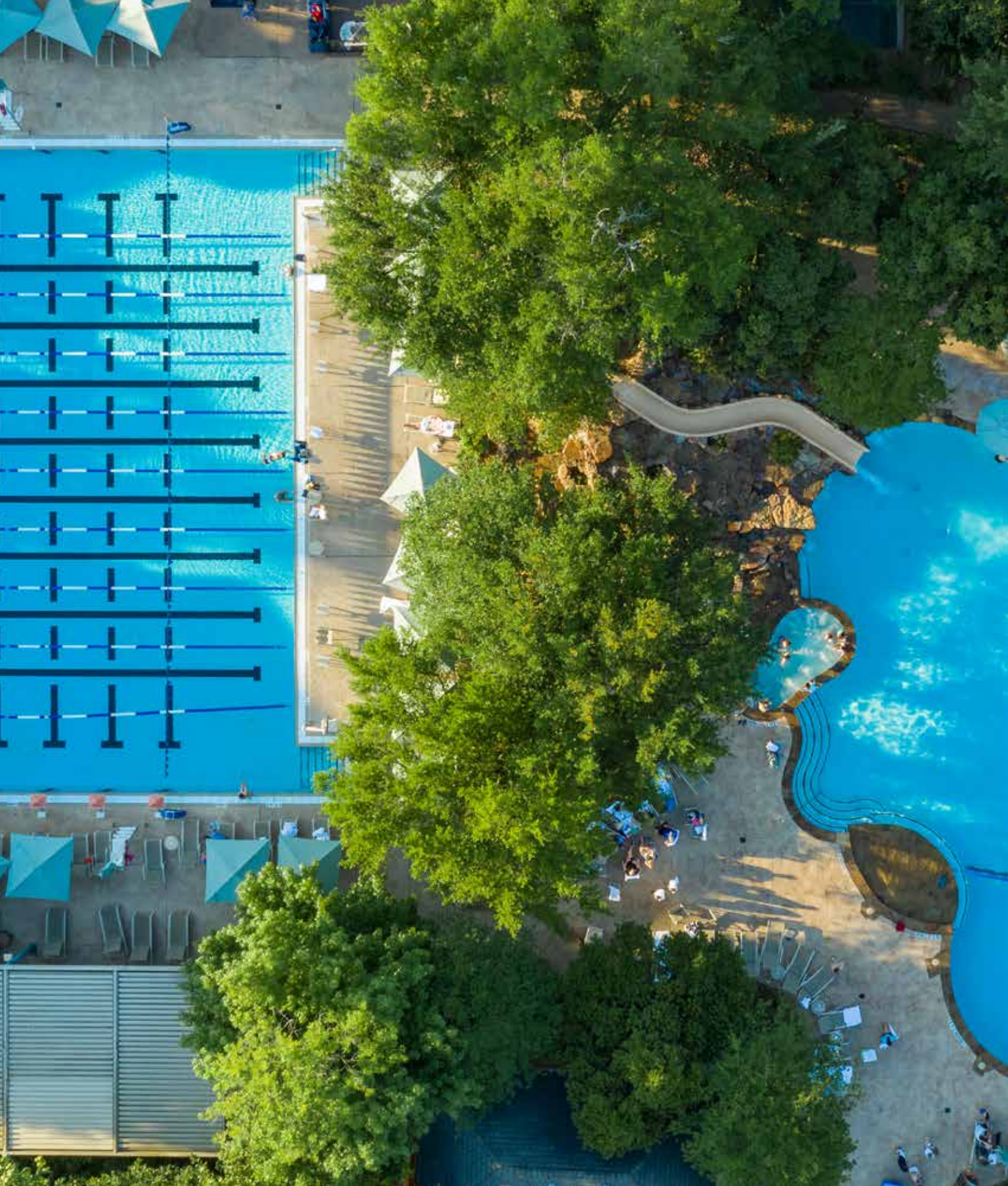
In-home personal, yoga, and Pilates training is available to Members who live within a 5-mile radius of The Houstonian Club.

For the most updated information about our programs including detailed class descriptions and a current schedule, you may visit us at www.myhoustonian.com.

Athletic Facilities

- Four Indoor Tennis Courts
- Five Outdoor Lighted Tennis Courts
- Two Outdoor Padel Courts
- Ten Courts Lined for Pickleball
- Outdoor Track (8/10 mile)
- Outdoor Performance Zone
- Yoga Studio
- Private Yoga Studio
- Cycle Studio
- Pilates/Gyrotonic® Studio
- Pilates Reformer/VersaClimber Studio
- Outdoor Resort Pool (heated)
- Outdoor 25-yard x 25-meter Sports Pool (heated and cooled)
- Outdoor Garden Pool (heated)
- Outdoor Baby Pool (heated)
- Outdoor Whirlpool (heated)
- 25+ Certified Personal Trainers
- Luxurious Men's and Women's Locker Rooms
- Saunas
- Steam Rooms
- Indoor Whirlpool (Resident Membership only)
- Basketball Court
- Resident Member Fitness Center
- State-of-the-Art Cardiovascular and Strength Training Equipment
- Indoor 1/9-Mile Running Track
- Next Level Indoor Turf
- Nutrition and Weight Management Consultation with a Registered Dietitian
- 55°F Cold Showers





TRELLIS SPA AT THE HOUSTONIAN

The 26,500-square-foot spa features sophisticated interiors for Members, guests, and clients to enjoy hours of undisturbed relaxation. Trellis offers a new outdoor Soaking Pools and Garden experience with open-air cabanas, a scenic treetop dining room, renovated treatment rooms, indoor reflection pool, and tranquil lounging areas.

THE SHOP

The Shop at The Houstonian Club offers a highly curated assortment of apparel, gifts, and accessories for an active, fashion-forward lifestyle. Our seasoned staff is well versed on the latest trends and technologies available in the market. Shop with us online at www.shophoustonian.com or visit us on Instagram at @shophoustonian.

LUXURY AUTO DETAILING

Have your car professionally washed and detailed while you visit the club. This service is available in the tennis parking garage. Provided by a third party.

SAGE 'N' BLOOM

The Floral Studio at The Houstonian provides luxurious floral arrangements and event decor rentals for every occasion as well as show-stopping centerpieces for your home or office that our designer will curate to your imagination. The studio also offers year-round workshops to learn the art of floral arrangements. Visit www.sagenbloom.com or @sagenbloom on Instagram.

THE BUNGALOW

(Six Weeks to Five Years Old)

Recently renovated, the Bungalow provides child care while Members are using the club. Available for up to 3 hours per day per child, not to exceed 12 hours per week.

THE HOUSTONIAN HIDEOUT

(Five to Twelve Years Old)

This area has been created to provide exercise, games, and educational and fun programs for children five to twelve years old. The Houstonian Hideout is available to children for up to 3 hours per day, not to exceed 12 hours per week.

LIPP SCHOOLS AT THE HOUSTONIAN

The LIPP Schools is a premier private language immersion preschool. Our families, with children between the ages of 18 months to 5 years old, can enjoy the convenience of an enriching world-class preschool education in the comfort of their club.



GOLF

Members receive the accompanied guest rate during specified times of play at the Golf Club of Houston and BlackHorse Golf Club, as well as a reduction in the initiation fee for Shadow Hawk Golf Club, Black Hawk Country Club, and the Golf Club of Houston.

PALMER ADVANTAGE®—GOLF BENEFITS

With Palmer Advantage® you can be a Member for the Day at other private golf and city clubs, enjoy an array of travel, golf, and entertainment experiences, and much more for leisure and your business

- A “Member for the Day” at many other private clubs across North America
- Complimentary greens fees at 130+ courses in North America
- Participation in the *Reserve Series* golf events held at top 100 clubs and PGA TOUR stops
- Access to over one million hotels, resorts, cruises, and travel experiences at guaranteed best prices
- Dedicated club concierge services to help find, plan, and book golf or travel
- Special savings on entertainment, theme parks, member-only offers, and more
- \$1,100 in Member credits when you join, and \$600 more every year that you can spend as a partial payment on travel and vacation packages

NUTRITION

Our registered dietitian provides nutrition programming for weight loss, sports performance, and overall health based on full body composition analysis and personalized goals.

PHYSICAL THERAPY

The Houstonian Club partners with Sculpt U Physical Therapy to offer one-on-one treatment with our physical therapists, with the convenience and comfort of being in the club.

ALTO

Houstonian Club Members receive exclusive benefits including, a ride credit and discounted rides to The Houstonian through Alto, a luxury rideshare service.

WHEELS UP

Wheels Up is a membership-based private aviation program that offers turnkey solutions to better meet your travel needs. The benefits available to Houstonian Members include reduced initiation fees on memberships, which start at \$1,995.

RECIPROCITY PROGRAM

Houstonian Club Members have reciprocity to over 200 clubs in 40+ countries through International Associate Clubs.

THE COVERY BY THE HOUSTONIAN CLUB

The Covery offers innovative therapies to enhance and optimize our Members’ health journey and promote recovery, self-care, and longevity. Services include cryotherapy, IV infusions, red light therapy, hyperbaric therapy, spray tanning, and more.

Additional Services

- Complimentary WI-FI
- Laundry service
- Electric car charging stations
- Ample seating for networking, socializing and working
- Beverage service in locker rooms
- Premium toiletries for use at the club



Dining and Social

THE KITCHEN AT THE HOUSTONIAN CLUB

The Kitchen has been designed to be a central location and a gathering place for our Members to connect and unwind over clean, classic meals. The Kitchen has creative dishes with thoughtful and innovative touches for breakfast, lunch, midday, and dinner service. Semi-private indoor and outdoor spaces are available for Member events.

REFUEL

Refuel proudly serves Starbucks®. Perfect for a quick bite to refuel for the rest of the day. Stop by and select from popular prepackaged items, smoothies, beverages, and light snacks to keep you going.

TRIBUTE

TRIBUTE Restaurant, located in The Houstonian Hotel, is open for breakfast, lunch, and dinner offering fine cuisine from Texas, Louisiana, and Mexico. Whether we're boiling crawfish, roasting pork, or grilling steaks over an open fire, join us as we share our passion for regional cuisine.

ARBOR GRILL

Fresh poolside fare plus cocktails, coolers, and grilled items. The perfect place to dine and enjoy the outdoors with friends and family. Open seasonally.

THE MANOR HOUSE

The Manor House, the historic estate restaurant that was once the residence of President George H.W. Bush, is available for private functions.

TRELLIS DINING

Dining at Trellis Spa is available for those with a 50-plus-minute service. We craft memorable dining experiences with only the freshest ingredients, daily baking, scratch cooking, and culinary creativity. Custom cakes, cupcakes, petit fours, and additional sweets are also available to be pre-ordered to enhance your spa day.

THE BAR & PATIO AT THE HOUSTONIAN HOTEL

The Bar & Patio at The Houstonian Hotel, located in the hotel lobby, defines Texas elegance and offers indoor and outdoor dining with a sophisticated vibe. Open daily serving cocktails, wine, and a full bar menu.

SOCIAL EVENTS

Social events are planned throughout the year for Members, providing healthy family activities, social and networking events, and educational presentations that grow Member and business relationships.





Lessons / Fees

TENNIS, PADEL & PICKLEBALL

PRIVATE—DIRECTOR OF TENNIS

90 minutes	\$125
60 minutes	\$90
30 minutes	\$50

PRIVATE—TENNIS PRO

90 minutes	\$120
60 minutes	\$85
30 minutes	\$45
30 minutes (2 people).....	\$30 ea.

60-MINUTE GROUP LESSONS:

2 people	\$48 ea.
3 people	\$40 ea.
4 people +	\$35 ea.

90-MINUTE GROUP LESSONS:

2 people	\$70 ea.
3 people	\$55 ea.
4 people	\$45 ea.
5 people	\$40 ea.

PERSONAL TRAINING

PRIVATE

60 minutes	\$105
45 minutes	\$90
30 minutes	\$70

SEMI-PRIVATE

60 minutes	\$80 ea.
45 minutes	\$70 ea.
30 minutes	\$55 ea.

VIRTUAL TRAINING

45 minutes	\$90
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IN-HOME TRAINING

60 minutes	\$150
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Must live within a 5-mile radius of The Houstonian Club.

NUTRITION

60 minutes (one person) starting at	\$105
30 minutes (one person) starting at	\$65

YOGA PRIVATE, YOGA WALL & AERIAL YOGA

PRIVATE—SENIOR INSTRUCTOR

60 minutes	\$90-\$150
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YOGA WALL GROUP

60 minutes	\$40 ea.
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AERIAL GROUP

45 minutes	\$55 ea.
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VIRTUAL TRAINING

45 minutes	\$80
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IN-HOME TRAINING

60 minutes	\$150
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Must live within a 5-mile radius of The Houstonian Club.

PILATES

PRIVATE 55 minutes	\$100
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SEMI-PRIVATE 55 minutes (2+ people)	\$75 ea.
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GROUP REFORMER CLASS

55 minutes (4–6 people)	\$35 ea.
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Drop-Ins	\$40 ea.
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GYROTONIC®

PRIVATE 55 minutes	\$105
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SEMI-PRIVATE 55 minutes (2 people)	\$80 ea.
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SYNERGY STUDIO (Pilates Reformer & VersaClimber)

Group Classes (5 max)	\$30-\$45 ea.
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SWIMMING

CHILDREN'S LESSONS

60 minutes	\$95
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45 minutes	\$80
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30 minutes	\$55
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SEMI-PRIVATE CHILDREN'S LESSONS

60 minutes	\$140 (\$70 ea.)
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45 minutes	\$130 (\$65 ea.)
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30 minutes	\$90 (\$45 ea.)
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ADULT LESSONS

60 minutes	\$100
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45 minutes	\$85
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30 minutes	\$60
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GUEST FEES

Associate Member adult guest	\$25
Associate Member youth guest	
Ages 6–15	\$15
Ages 5 and under	No Charge
Resident Member guest	No Charge

MASSAGE AT THE CLUB

Massage Establishment License #1876	
90 minutes	\$150
60 minutes	\$105
30 minutes	\$70

LOCKERS (INCLUDING LAUNDRY SERVICE)

1/2 size	\$34 + tax = \$36.81 mo.
Full size	\$46 + tax = \$49.80 mo.

Membership access	
tag replacement	\$20 + \$1.65 tax = \$21.65

CORPORATE MEMBERSHIP TRANSFER FEE

Membership transfer fee	
for Resident and Associate memberships	\$5,000

MEMBERSHIP REINSTATEMENT FEES

Reinstatement within two years of inactivation	\$2,000
Reinstatement more than two years but less than five years after inactivation	\$5,000
Reinstatement more than five years but less than ten years after inactivation	\$10,000

CHILD CARE (BUNGALOW & HOUSTONIAN HIDEOUT)

Associate Members	\$4 per hour
plus \$1 per additional child per hour	
Resident Members and Guests of Resident Members.	Complimentary
Guests of Associate Members	\$7 per hour per child

Members Only

MYHOUSTONIAN.COM

Our Members-only website. The site handles virtually all registrations for youth, aquatics, and racquet sports programs and camps. Members can view all group exercise updates, make reservations for various activities, access their accounts, see transactions, and make payments.

MEMBERS-ONLY BUSINESS DIRECTORY

Available on myhoustonian.com and the Houstonian app, this categorized directory allows Houstonian Club Members to promote their companies' businesses exclusively to other Houstonian Club Members.

HOUSTONIAN CLUB APP

The Houstonian Club Member-Only App is your one-stop-shop for everything on campus. Access class schedules, register for classes, reserve child care, order food to-go, and contact any department.

HOUSTONIAN ON-DEMAND

Houstonian On-Demand is The Houstonian Club's own private virtual workout platform. Available on the Member-only website and app for active Houstonian Club Members to access new on-demand workout videos from their favorite group exercise instructors.



Get to a Healthier Place

Family and Youth





The Houstonian Club Youth Programs

6 WEEKS–23 MONTHS

Bungalow
Group & Private Swim Lessons
Aquatots I
Aquatots II

2–5 YEARS

Bungalow
Kids Night Out (2–12)
Children's Playground (2+)
Junior All-Star Summer Camp (3–4)
Group & Private Swim Lessons
Aquatots II
Angelfish
Sea Horses
Sea Lions
BlueFins Swim Team
Jr. BlueFins (5–7)
Tennis Programs (4+)
Extended Drills Tennis Camp (4+)
Saturday Afternoon Tennis
Padel, Pickleball & Swim Camp (4+)
Tennis Camps
Splash Camp (3–12)

6–12 YEARS

After School Action (5–12)
The Houstonian Hideout (5–12)
Children's Playground (2–12)
All-Star Camps (5–12)
Private Swim Lessons
Stingrays
Splash Clinics
BlueFins Swim Team
Jr. BlueFins (5–7)
Tennis Camps (4+)
Extended Drills Tennis Camp (4+)
Padel, Pickleball & Swim Camp (4+)
Basketball (5+)
Junior Youth Certification (9–11)
Youth Certification (12–15)

13–17 YEARS

Private Swim Lessons
Splash Clinics
BlueFins Swim Team
Tennis Camps (4+)
Extended Drills Tennis Camp (4+)
Padel, Pickleball, & Swim Camp (4+)
Designated Group Exercise Classes
Youth Certification (12–15)
Survival Training (12+)
Teen Basketball (11–17)



Youth Department Programs

THE BUNGALOW

The Bungalow provides child care for children from 6 weeks to 5 years old. Our infant area, designed for babies 6 weeks to crawling, has age-appropriate toys and furniture so our youngest guests feel safe and “at home.” Toddlers, actively crawling and up to 23 months old, enjoy their own special area with age-appropriate toys, books, and music time that help with sensory and fine motor development. Preschoolers, 2 to 5 years old, can enjoy our various activities from dressing up to playing zingo or reading stories together.

THE HOUSTONIAN HIDEOUT

The Houstonian Hideout offers children 5 to 12 years of age an exciting variety of age-appropriate activities, including a multilevel climbing structure, arts and crafts, games, and music. It is designed to develop and strengthen gross motor skills.

CHILDREN'S PLAYGROUND

The playground area is designed for children ages 2 to 12. Adults with a child or children younger than 5 are advised to use caution. Shoes must be worn at all times. Maximum capacity is 40 people.

CHILDREN'S PLAYGROUND HOURS OF OPERATION

The playground is open during regular club hours, weather permitting. Use caution if it is getting dark.

Children ages 2 to 12, who are in the care of the Bungalow and Houstonian Hideout staff, will spend some time outside, weather permitting, with parent's approval.





KIDS NIGHT OUT

Occurs one Saturday a month, 6–9 p.m., August through April. Children ages 2 through 12 are welcome: kiddos can come wearing PJs or bring PJs to change into later. The night out starts in the Bungalow where everyone meets for chicken nuggets and Capri Sun. After that, kids over the age of 5 go to The Houstonian Hideout. Children in both areas watch a new release movie, make art, and do activities related to the movie. This is the perfect event for a date night!

AFTER SCHOOL ACTION (AGES 5 TO 12)

Come exercise at After School Action with a variety of activities such as sports conditioning and yoga! Find these complimentary classes for kids on the Houstonian app or on myhoustonian.com.

SUMMER CAMPS

(Junior All-Star—ages 3 to 4; All-Star—ages 5 to 12)

Junior camps are specifically and exclusively designed for children of The Houstonian Club Members. Our goal is to help children develop healthy lifestyles, exercise routines, and good nutrition that last a lifetime through fun, hands-on, interactive play experiences. Campers will have the opportunity to explore The Houstonian campus, get messy with arts and crafts, and play games that are directly tied to the theme for that week. We want your children to always remember the wonderful experience they had at The Houstonian camps! Campers, we play hard, learn lots, push boundaries, and challenge each other without fear of failure or humiliation.

Minimum of 5, maximum of 20 children.

Young children must be potty trained to attend.

BASKETBALL LESSONS

If you are looking for more activities for your kids, basketball lessons are the way to go! Kids will learn team drills, basic pick and roll, effective offense techniques, and the importance of being a team player. To sign up for lessons, please email youth@houstonian.com.

LIPP SCHOOLS AT THE HOUSTONIAN

The LIPP Schools is a premier private language immersion preschool. Houstonian Club Families can enjoy the convenience of an enriching world-class preschool education in the comfort of their club. Enrollment is open for ages 18 months to 5 years. For more information, please email LippHoustonian@LippSchools.com.



Aquatics Programs

GROUP SWIM LESSONS (APRIL THROUGH AUGUST)

The Houstonian offers group swimming lessons for children ages 1 to 7. Children will learn stroke progressions and water safety in a fun, nurturing group setting. Aquatots, Starfish, Sea Horses, Stingrays, and Sea Lions. Fees vary.

AQUATOTS I & II (AGES 15 TO 36 MONTHS)

Children will work on water safety, basic water skills, jumping in the pool, blowing bubbles, floating, and arm and leg movements. Parent-child class.

ANGELFISH (AGES 2 1/2 TO 3 1/2)

The class is limited to two students, meeting twice a week for three weeks. The small setting is ideal for the first-time water experiences and those in transition from parent-child class. Skills include putting face in the water, blowing bubbles, floating, kicking, beginning arm strokes, and water safety.

SEA HORSES (AGES 3 TO 4)

Children will work on floating, arm strokes, kicking, coordination of arms and legs, beginning backstroke, and water safety.

SPLASH CAMP (AGES 3 TO 12)

Splash Camp is the aquatics camp part of the annual Houstonian Summer Camps. In this program, we will teach your children how to swim with three levels to choose from.

- **Level 1 (Beginner/Novice):** This is for beginners to learn how to safely enter the water, float on the front and back, roll over, kick and introduce arm movements and general water safety.
- **Level 2 (Intermediate):** Must be able to float on their back independently and swim across the pool unassisted. Skills include freestyle, lateral breathing, breaststroke, backstroke, beginning dives, and water safety.
- **Level 3 (Advanced):** Must be able to swim 25 yards independently, swim freestyle and backstroke for 12.5 yards. This level will focus on the development of all four competitive strokes. Must be at least 5 years old.

SEA LIONS (AGES 5 TO 7)

Children will work on balance, timing, arm stroke, lateral breathing, frog kick, backstroke, and beginning dives.

PRIVATE SWIM LESSONS (YEAR-ROUND)

Private, semi-private, and private group lessons are offered at your convenience. Available for adults and children. By appointment only.



BLUEFINS SWIM TEAM AND YEAR-ROUND PROGRAM

- Summer League Swim team for children ages 5 to 14. Preseason practices begin in April, and meets are held in June.
- Off-season (Jan. through March, July through Nov.) programming that will focus on the development of all four competitive strokes, starts, and turns to help prepare for competition. The goal of this program is to develop proper technique, endurance, and overall fitness.

JR. BLUEFINS

Swim team prep for children who can swim but are looking for more technical training in the four main strokes. This course will help prepare children for swim team practice structure. 75% technique, 25% endurance.

SCUBA PROGRAMS

Scuba Rangers and Starfish

Scuba Rangers™ and Starfish™ kids will learn water safety, team building, and responsibility. Starfish (ages 3 1/2 to 7) is focused on beginning snorkeling skills. SCUBA Rangers (ages 8 to 12) includes both snorkeling and SCUBA. If interested, call Oceanic Venture at 713-523-3483.

For more information on all youth aquatics programs, please contact the Aquatics Department at 713-685-6751.

Youth Racquet Sports and Fitness



JUNIOR YOUTH CERTIFICATION (AGES 9 TO 11)

Required for children to use the Club (except fitness equipment or pools). Includes one-hour session with a member of the youth management team who will demonstrate safety guidelines and club etiquette. Parents are required to be on property the entire time their children are in the program. Sessions are by appointment only. For more information, please contact the Youth Department at youth@houstonian.com.

YOUTH CERTIFICATION (AGES 12 TO 15)

Required for children to use equipment unsupervised. Includes a 30-minute session with a member of the fitness staff who will demonstrate safety guidelines and exercise etiquette. Certification takes place in the indoor track area. Sessions are by appointment only. For more information, please contact the Fitness Department at 713-316-2716.

AFTER SCHOOL JUNIOR PROGRAM

Groups are offered for ages 4 to 15. Classes are available Monday through Friday, 3:30 to 6:30 p.m. Times vary by the age of the child and ability level.

SUMMER TENNIS CAMP (AGES 4 TO 16)

Tennis camp is held from 9 a.m. to 2 p.m. with a snack break at 10:30 a.m. and a lunch break at 12 p.m. The children will learn the basic fundamentals of tennis along with fun and games designed to develop a tennis athlete. For more information, please contact the Racquet Sports Office at 713-685-6847.

PADEL, PICKLEBALL & SWIM CAMP (AGES 4 TO 16)

This camp helps children develop their hand-eye coordination, forehand, backhand, and overhand serves. Drills are based on skill level. Campers enjoy free swim after working on their padel and pickleball skills.

SATURDAY AFTERNOON TENNIS

Designed to bring youngsters into the world of tennis by utilizing specialized equipment, shorter court dimensions, and modified scoring. These all are tailored to age and size. This class is available from 1 to 3 p.m. For more information, please contact the Racquet Sports Office at 713-685-6847.

SURVIVAL TRAINING (AGES 12+)

A two-hour class that teaches kids (and adults) what they need to do to survive a one- or two-day stay in the wilderness. Skills include basic survival attitude and thinking, signaling for help, shelter (survival tarp setup), basic map reading, and fire starting (matches, flint striker, and bow drill for fun). For more information, contact the Fitness Department at 713-316-2716.





Houstonian Traditions

FALL FESTIVAL

HELD IN OCTOBER ON THE MEADOW

Entry fees apply.

Come enjoy an afternoon filled with fun for the entire family, including moonwalks, face painting, games, refreshments, pumpkin patch, pumpkin decorating, and much more.

TREE LIGHTING

HELD IN NOVEMBER ON THE MEADOW

Complimentary. All ages welcome.

Celebrate this traditional prelude to the holidays with the lighting of The Houstonian's Grand Texas Live Oak. Activities include train rides, holiday characters, cookie decorating, face painting, and much more. A DJ will provide holiday music to add to the fun. In lieu of an entry fee, we encourage families to bring canned goods and nonperishable items to be donated to the Houston Food Bank.

FROSTY'S FOLLIES

HELD IN DECEMBER IN THE HOTEL GRAND BALLROOM

Entry fees apply.

Children will enjoy a scrumptious buffet, photo with Santa, a visit with Frosty, arts and crafts, music, balloons, and much more. Reservations are required.

FESTIVAL OF LIGHTS

HELD IN DECEMBER AT ARBOR GRILL

Complimentary. All ages welcome.

Join us for a Hanukkah menorah lighting, live music, dancing, desserts, children's crafts, games, and more. Reservations are required. In lieu of entry fee, we encourage families to bring one toy per person to be donated. Weather permitting.

SUMMER POOL PARTIES

HELD IN THE AQUATICS COMPLEX ON MEMORIAL DAY, INDEPENDENCE DAY, AND LABOR DAY

Food and drink specials, live entertainment, Wibit races, and fun pool activities for the whole family to enjoy. Weather permitting.

DADDY/DAUGHTER DANCE

HELD IN FEBRUARY IN THE HOTEL FOREST BALLROOM

Entry fees apply.

All ages welcome. Join us for an evening filled with every daughter's dream. The event includes a DJ, photo booth, crafts, finger food buffet, characters, and much more. Reservations are required.

SPRING FLING

HELD IN MARCH OR APRIL ON THE MEADOW

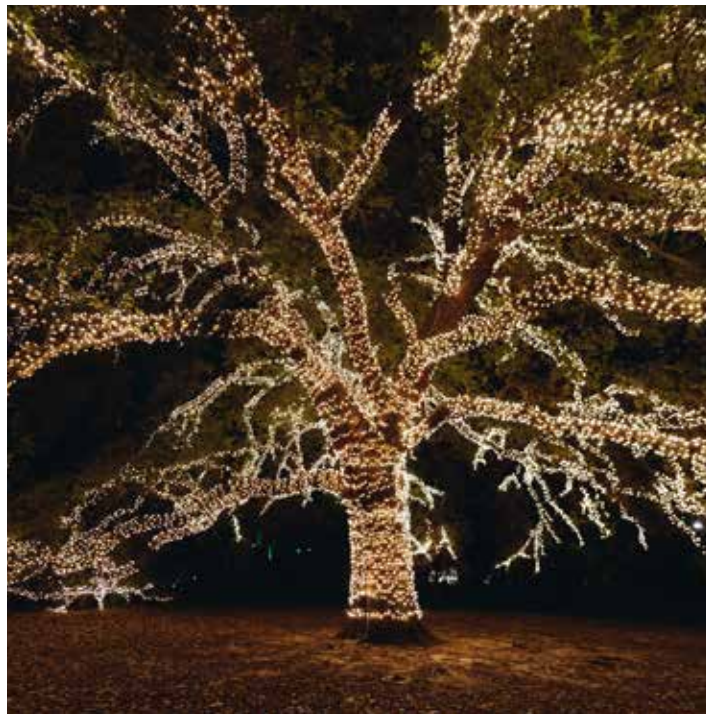
Entry fees apply.

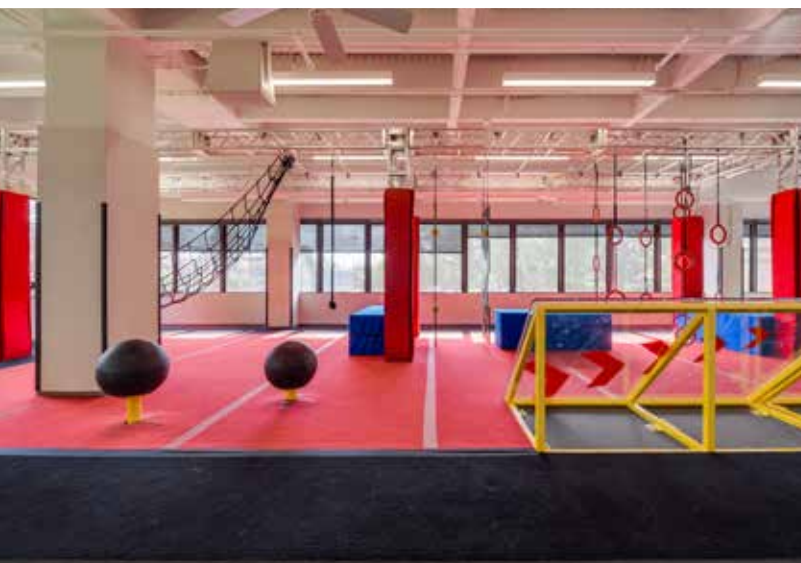
Join us for moonwalks, games, music, face painting, carnival games, refreshments, Easter egg hunts, and a visit from the Easter Bunny.

DIVE-IN MOVIES

HELD IN THE RESORT POOL IN APRIL, SEPTEMBER, & OCTOBER

Come enjoy a different movie each month with the whole family. Complimentary refreshments are provided.









Get to a healthier place

For more information, contact
the Youth Department at 713-685-6753
or visit www.myhoustonian.com/Youth.aspx.