



M E N U

MONDAY

Tacos

Organic Ground Beef, Lettuce Strips, Tomatoes, Corn Shell

Sides: Chips & Salsa, Fresh Fruit

TUESDAY

Chicken Quesadilla

Chicken, Cheese, Whole Wheat Tortilla

Sides: Baked Veggie Chips, Fresh Fruit

WEDNESDAY

Grilled Cheese

Cheese, Whole Wheat Bread

Sides: Baby Carrots & Dip, Baked Chips, Fresh Fruit

THURSDAY

Chicken Tenders

Sides: Low Sugar Yogurt, Fresh Fruit

FRIDAY

Burger

Organic Ground Beef, Lettuce, Tomato, Whole Wheat Bun,

Mayo, Mustard, Ketchup

Sides: Sweet Potato Fries, Fresh Fruit

DRINK OPTIONS

Water • Juice • Gatorade